

# Ashe Board of County Commissioners



VAYAHEALTH

Zack Shepherd

Community Relations Regional Director

Vaya Health

March 2025



# **Vaya Health Plan/Medicaid Updates**

# Vaya Total Care

- As a Tailored Plan, Vaya Health is responsible for health, behavioral health and pharmacy care for adult and youth Plan members.
- Plan members have been diagnosed with a moderate to severe mental health or substance use disorder or have an intellectual/developmental disability.
- Vaya's Network of Providers include hospitals/health systems, FQHCs, Health Depts, primary and specialty care practices, behavioral health residential and community providers and pharmacies across the State.
- Plan members can receive a Tailored Care Manager to help them connect to the services, supports and resources needed for health and wellness.

# Vaya Total Care

- Vaya Total Care Perks for Plan Members- VTC Perks are designed to support members with a variety of health and wellbeing outside of services they receive. Perks for eligible members include wellness, pregnancy, GED, safety and non-medical transportation supports.
- Non-Emergency Medicaid Transportation(NEMT) for Physical and Behavioral Health appointments for members.
- Healthy Opportunities Pilot administered by Impact Health can provide additional supports for eligible Plan members in areas such as housing, food, transportation and help for members experiencing interpersonal violence.

# Child & Family Specialty Plan

The NCDHHS announced that Blue Cross Blue Shield will be the single Health Plan serving youth and families involved in child welfare/foster care system.

- On December 11, 2024, NC DHHS provided an Amendment to the CFSP contract with BCBS revealing the following timetable:
- **Contract Period & Effective Dates**
- Implementation Period: August 15, 2024 through November 30, 2025
- Contract Year 1: **December 1, 2025** through June 30, 2026
- Contract Year 2: July 1, 2026 through June 30, 2027
- Contract Year 3: July 1, 2027 through June 30, 2028
- Contract Year 4: July 1, 2028 through June 30, 2029



# Hurricane Helene Recovery

## HOPE 4 NC GRANT PROGRAM DESCRIPTION

The Crisis Counseling Assistance and Training Program (CCP) is a federally funded supplemental program administered by the U.S. Department of Homeland Security (DHS) Federal Emergency Management Agency (FEMA) to fund mental health assistance and training activities in areas that have been declared a major disaster.

The mission of the CCP is to assist individuals and communities in recovering from the effects of disasters through the provision of community-based outreach and psycho-educational services. The CCP supports short-term interventions that involve assisting disaster survivors in understanding their current situation and reactions, mitigating stress, developing coping strategies, accessing sources of emotional support, and encouraging linkages with other individuals and agencies that help survivors in their recovery process.

# HURRICANE IMPACTED COUNTIES WITHIN VAYA'S CATCHMENT





# Ashe Mental Health Forum

- SOC Coordinator – Christelle Marsh [Christelle.Marsh@vayahealth.com](mailto:Christelle.Marsh@vayahealth.com)  
828-414-1146 (m)
- No current family partner – help us find one!
- Meeting the second Tuesday of every month 6 p.m.
- Focusing on active mental health support post Hurricane Helene – strong interest in locally placed foster children attending events.
- Teen suicidality reduction through reducing stigma and education for youth and parents.



**THANK  
YOU**



**VAYAHEALTH**