



AppHealthCare

Caring for our Community

Ashe County School-Based Health Center
Top Dog Clinic



Purpose

- It is the mission of AppHealthCare to promote healthy and safe living, prevent disease, and protect our environment.
- Top Dog Clinic seeks to foster a healthy student community through the provision of accessible quality care to influence health habits and behaviors which promote the development of young minds and bodies that are ready and eager to learn.

Credentials

- AppHealthCare is a public entity Federally Qualified Health Center and recipient of numerous quality awards.
- AppHealthCare has been awarded Patient Centered Medical Home, Level I Recognition through the National Committee for Quality Assurance.



- The Top Dog Clinic has been fully credentialed and meets the NC School Health Center Quality Assurance Standards.



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Personnel

- Top Dog Clinic is staffed by:
 - Family Nurse Practitioner
 - Expanded Role Child Health Registered Nurse
 - Certified Nursing Assistant / Medical Assistant
 - Dually Licensed Clinical Social Worker & Clinical Addiction Specialist



- AppHealthCare also provides administrative, medical, dental, nutrition, and community health services for Top Dog Clinic

Services

- Top Dog Clinic offers:
 - Care and treatment for minor acute injuries and illnesses
 - Well-child checks
 - Sports physicals
 - Immunizations
 - Head lice checks
 - Behavioral health services for students and families
 - Nutrition education and counseling
 - Portable dental services
 - Collaboration with specialty providers



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Enrollment & Visits



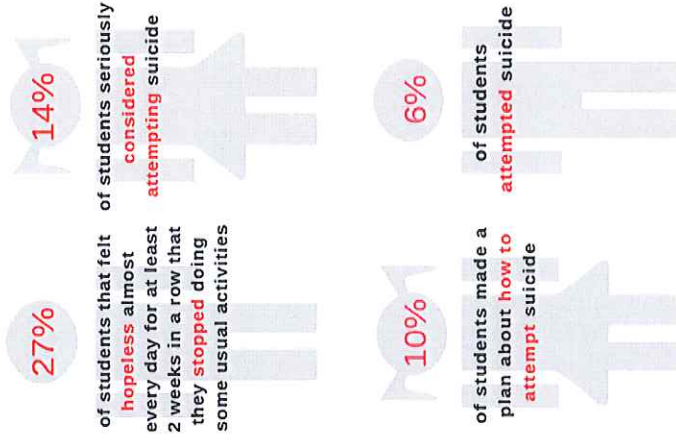
- 85% of the middle school population (413 students) have enrolled for services with Top Dog Clinic in the 2018-2019 school year.
- Top Dog Clinic has provided over 1,000 clinic visits during the current school year, excluding portable dental services.
- 23% of our total visits for the current school year have been to address mental health needs.



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Mental Health

Students Self-Reported Mental Health
in Ashe County



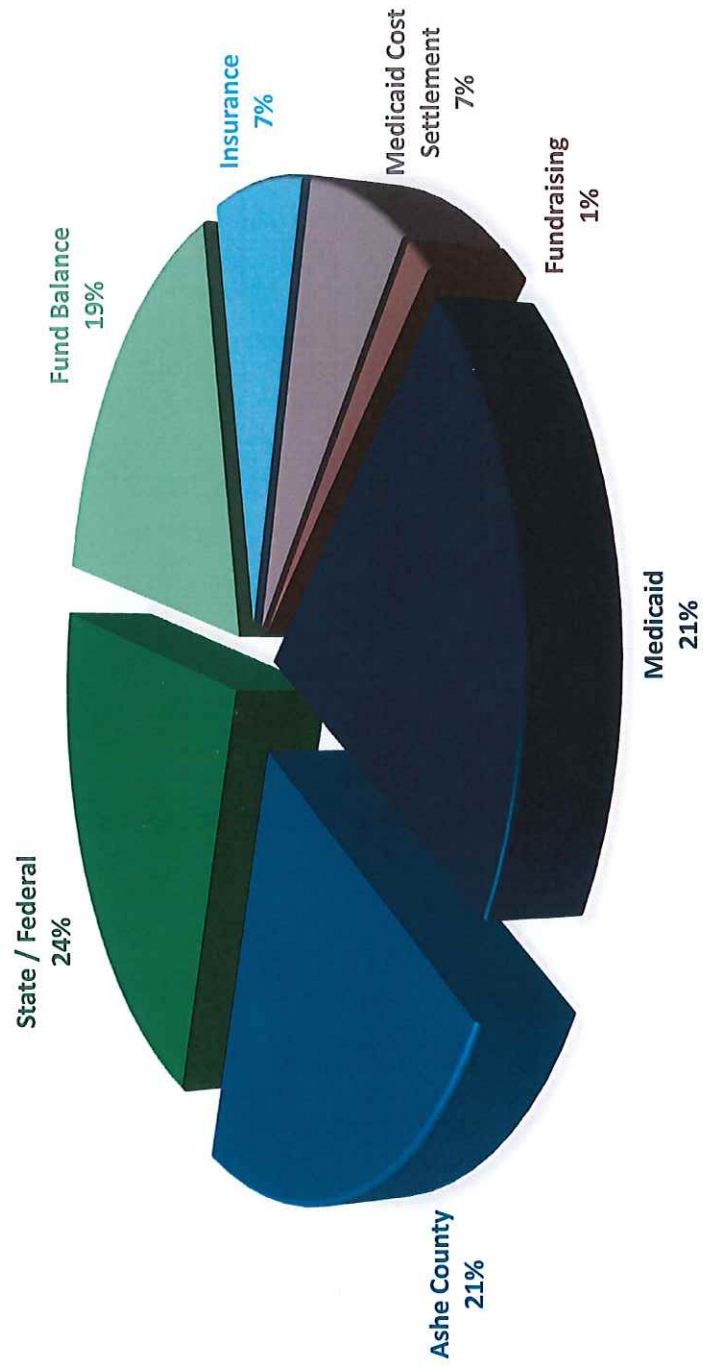
- North Carolina continues to see a disturbing trend of increased suicide rates among youth, ages 10-17.
- Integrated behavioral health is an essential component to promote and protect the health and safety of our students.
- Data collected from Youth Risk Behavior Survey conducted among Ashe County High School students in 2017

Benefits



- Students, teachers, and parents reap benefits:
 - Promotes convenient access to care
 - Allows for earlier detection of disease and better treatment outcomes
 - Provides immediate behavioral health crisis intervention
 - Prevents absenteeism
 - Prevents teachers from making clinical decisions about student illness
 - Prevents parents from leaving work
 - Opportunity to influence current and future health behaviors
 - Care provided without collection of copays or direct billing

Funding FY 2019-2020



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Partnership

- Ashe County sustains the Top Dog Clinic through \$40,000 funding annually
- Ashe County Schools in-kind contributions:
 - Land
 - Utilities
 - Heating
 - Building Maintenance
 - Telecommunications
- AppHealthCare
 - Does not bill or collect copays from students or families directly



Advisory Board

- Members represent:
 - Ashe County Schools, Department of Social Services, Faith Community, Medical Professionals, Parents and Students
- Planning for expansion of operations offering services to 6th grade students at new Middle School
- Exploring growth opportunities to respond to student healthcare needs throughout Ashe County Schools



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**Thank you,
Ashe County Commissioners,
for your enduring support
of the Top Dog Clinic**

